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# Oasis

Quarterly Newsletter of India Renal Foundation

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Dear Friends,

### Greetings!

I feel happy and proud to inform you all about the activities of India Renal Foundation through Oasis issue.

Friends, you all know that for the last 23 years, India Renal Foundation has been reaching out to the most marginalized people of the society through various programs and activities in the field of kidney and trying to build a healthy society by providing inspiration and guidance to live a healthy and fit life.

The second Thursday of March is celebrated as 'World Kidney Day' by the International Federation of Kidney Foundation and the International Society of Nephrology every year an effort is made to raise awareness about kidney diseases with a new theme and topic. This year it was celebrated all over the world on Thursday, March 13, 2025 with the theme "Are Your Kidney OK? Detect early, protect kidney health", In which the organization also participated with great enthusiasm and celebrated this day in the entire state of Gujarat by organizing seminars, rallies, painting competitions, poster exhibitions and check up camps. Detailed information about the various programs organized on this day is given further in this issue.

India Renal Foundation is an active member of IFKF, so in line with this day and to make the theme of World Kidney Day meaningful, the organization declared the month of March as 'Kidney Awareness Month' and organized kidney awareness programs and camps at various eminent institutions like Water Commission of India, Central Public Works Department Gandhinagar, Ahmedabad Institute of Technology, M.S. University, SPIPA and Senior Citizens Club, Mehsana etc. and detailed information was given about the importance, functions and diseases of kidneys in the human body.

Rehabilitation Programs under the banner of 'Prerana' are being organized regularly in every chapter to provide morale to the patients undergoing dialysis and kidney transplant treatment and for their mental wellbeing.

Shri Rohitbhai Parikh, a member of the Vadodara city local advisory committee of the organization, has resolved to organize charity music shows in various cities to financially help needy kidney patients for their treatment. As a part of this, 2 musical charity shows were organized in Vadodara. Through which, a donation of Rs. 98,000/- has been received by the organization under the 'Save a Life' program. I congratulate Shri Rohitbhai Parikh, Members of the Vadodara Chapter Advisory Committee and our Vadodara team for this noble work.

Best Wishes,

Trilokbhai R. Parikh  
Chairman

# Prevention Through Awareness Programs

## Glimpse of Awareness Programs



Mahila ITI, Junagadh



Science College, Vardhman Campus, Mahesana



Althan SMC Avas, Surat



PJ Nursing College, Bhavnagar



Sardar Vallabhbhai Patel Global University, Ahmedabad



Vivekanand Institute of Vocational & Entrepreneurial, Halol



Water Commission of India, Gandhinagar



Central Public Works Department, Gandhinagar



ITI, Talala

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4. Shri. Mahendrasinh P. Chauhan
5. Shri. Kunjbihari J. Patel
6. Shri. Gopalsinh N. Rathod
7. Shri. Balkrishna M. Thakkar
8. Dr. Kevalbhai M. Patel

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3. Shri Jagmalbhai Vala
4. Shri Rameshbhai Chopadkar
5. Shri Jitendrabhai Mehta
6. Shri Sureshbhai Kampani
7. Shri Girishbhai Thakker
8. Shri Dr. Rajubhai Krishnani
9. Shri Tejasbhai Pandya
10. Shri Arunkumar Sharma

## BP, Diabetes and Kidney Screening Camp



Notified Area, Alang



Sabarkantha Charitable Trust, Himmatnagar



Sahyog Mahila Mandal, Surat



Shri Shankheshwar Mahadev Temple, Rajkot



Sama Talav, Vadodra



Virampura Village, Mahesana

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2. Shri Sunilbhai Vadodaria
3. Shri Chetanbhai Kamdar
4. Shri Rajubhai Baxi
5. Shri Mehulbhai Patel
6. Shri Sumitbhai Thakkar

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2. Shri Chandubhai Virani
3. Shri Hareshbhai Vora
4. Shri Shambhubhai Parsana
5. Dr. Sudhir Bhimani
6. Dr. Kamlesh Joshipura
7. Shri Kishorbhai Kotak
8. Shri Mittalbhai Khetani
9. Shri Rajanibhai Patel
10. Shri Rameshbhai Thakkar
11. Shri Denis Adesara

Every year, the second Thursday of March is celebrated as 'World Kidney Day' all over the world.

'World Kidney Day' is a joint initiative of the International Society of Nephrology (ISN) and the International Federation of Kidney Foundations - World Kidney Alliance (IFKF-WKA).

On this day, India Renal Foundation celebrated this special day by organizing various activities at each chapter.

## Ahmedabad

In order to fulfill the theme "Are Your Kidney OK? Detect early, protect kidney health", given by the International Federation of Kidney Foundation and the International Society of Nephrology, India Renal Foundation is trying to create awareness among the society about kidney disease and elucidating the importance of its early diagnosis through different programs at different places in every chapter of Gujarat state throughout the month of March. As part of which, on Thursday, March 13, 2025, on the occasion of 'World Kidney Day', a free screening of BP and diabetes, as well as kidney disease, which affect the kidneys and other essential organs of the body, along with a kidney awareness poster exhibition with the support of Nursing Students was organized at Shri Neelkanth Mahadev Temple, Balolnagar, Ranip, Ahmedabad. In which more than 1000 visitors participated.

Secondly on Wednesday, March 14, 2025, a same camp organised at Shri Rameshwar Mahadev Mandir, Nirnaynagar, Ahmedabad.



## Bhavnagar

Various programs were organized on the occasion of World Kidney Day-2025 by a joint initiative of India Renal Foundation, Bhavnagar and Indian Red Cross Society, Bhavnagar branch.

In which a kidney awareness rally was organized with the help of students of Tejaswi School. This rally was held on the main roads of Bhavnagar in which the message about kidney awareness was conveyed to the people of the city through slogans, awareness posters and a kidney-related drawing competition was organized for the students. Students participated enthusiastically in both the above programs.

Another activity was done on this special day at Alang in which a public awareness rally was organized with the help of Red Cross Society Bhavnagar. Workers working in Alang Ship Breaking Yard participated in this rally in large numbers and the message of kidney awareness was spread to the people. Shri Sumitbhai Thakkar and Shri Maheshbhai Chudasama participated in this program and made this program a success.



## Rajkot

An another awareness walk was organized by India Renal Foundation Rajkot chapter from Nagrik Bank Chowk to Trikonbagh in Rajkot on 10th March 2025 to create awareness about kidney on the occasion of World Kidney Day.



## Mehsana

This chapter organized a kidney awareness seminar and BP- diabetes check-up camp for the members of Mehsana Senior Citizen Club at Rotary Club of Mehsana. In this seminar, Senior Dr. Ketul Patel (Urologist) informed the audience about kidney, kidney-related diseases and prostate. After that, everyone's blood pressure diabetes were checked and booklets giving information about kidney disease were distributed. On this occasion, chairman of Mehsana Advisory Committee, Shri Sharadbhai Shah was present and informed the audience about the activities of the organisation.



## Vadodara

As part of the celebration of World Kidney Day, a BP-Sugar Checkup Camp was organized at Kashi Vishwanath Mahadev Temple at Lalbagh, Vadodara. In which the visitors who came to visit the temple participated. Around 500 people were checked up.

Another Program on "Public Awareness on Kidney and Kidney Diseases" was organized by the India Renal Foundation and Faculty of Social Work (M.S University, Vadodara). In which Dr. Archit Patel (Nephrologist) was present as a main speaker. He explained about kidney and Kidney diseases in very simple language.



**The objective of this activities is counseling, advise, recreation, rehabilitation, education and motivation of patients.**

## Ahmedabad

On Saturday, February 22, 2025, a meditation program was organized for kidney patients at Sadvichar Parivar under the 'Prerana' program in collaboration with the Heart Fullness Meditation Institute. In which Prerana members participated with great enthusiasm and resolved to practice meditation in their daily lives.

### Advisory Committee Member: Mehsana Chapter

1. Shri. Sharadbhai P. Shah
2. Shri. Chandubhai I. Patel
3. Shri. Ajitbhai T. Patel
4. Shri. Surendrabhai B. Parikh
5. Dr. P. D. Patel
6. Shri Sandipbhai K. Sheth
7. Dr. Mukesh Choudhary



## Vadodara

Prerana Fun Program was organized on Sunday, January 5, 2025. In which 42 Prerana members enjoyed the natural beauty of Kamatibagh by sitting in the Joy Train.

After that, all the Prerana members shared their thoughts. In which Tarjani Bhatt, who has undergone a cadaveric kidney transplant and is currently studying, presented her experience by giving proper guidance to Prerana members undergoing Hemodialysis about kidney transplant. Mrs. Dharmishthaben Solanki from the Faculty of Social Work (M.S University) was especially present in this program and expressed her happiness for the activities of India Renal Foundation, which is doing noble work for the society.



## Musical program organized to help in the treatment of needy kidney patients

Shri Rohitbhai Parikh, a member of the local advisory committee of the Vadodara chapter of the organization, has taken a resolution to raise funds to financially help kidney patients in their treatment by organizing 71 musical programs on the occasion of his 71st Birthday.

In accordance with which, 2 musical programs were organized during this period.

The first program was organized on January 20, 2025 at 5 pm for Anandalaya Senior Citizens Association (Natubhai Center, Gotri). In this program, old film songs were sung by Shri Rohitbhai Parikh and the Benevolent artists of his musical group. In which the organization received a donation of Rs. 12,000/- for the Save a Life program.



Another program was organized on March 21, 2025, at Kalyan Prasad Hall, Mandvi Road, Vadodara. Vadodara's famous singer Shri Chandrashekhar Pagedar and his daughter Janaki Kanetkar entertained more than 200 people by performing wonderful classical film songs in this program. Through this program, IRF received a donation of Rs. 86,000/-. It will utilize in the benefit of kidney patients.





'Save a Life' is India Renal Foundation's endeavor to provide financial assistance to needy patients undergoing dialysis and kidney transplant. This activity was started in July 2002.

During this quarter (January to March) we helped Rs. 1,76,917/- supporting 36 needy dialysis patients and kidney transplant patients by the way of providing dialyzer and Blood tubing, medicines, and support for the surgery expenses of making A.V. Fistula.

Additionally, 43 Hemodialysis were provided free of cost to needy patients at the Hemodialysis center run by IRF at Krishna Sarvajanic Hospital, Himatnagar

### Save a Life program beneficiary Payal More



Payal More

My name is Payal Morey and I am a 27 year old woman from Vapi Gujarat, but I am living in Vadodara for my Renal Replacement Therapy. I have completed my studies in MBA - HR.

My health has taken a challenging turn in my life. This problem started in the year 2020 when I lost my father due to his medical condition and with his death, our family's only source of income also stopped.

For the last seven years, I have been suffering from chronic kidney disease and am undergoing dialysis treatment under the supervision of Dr. Kamlesh Parikh, a renowned Nephrologist from the city of Vadodara.

Unfortunately, due to my health related issues, it has become difficult for me to get employment, due to which our financial situation has become even worse and it has become difficult for me to take this treatment.

During that time, a one-day trip organized by the India Renal Foundation under the 'Prerana' program at Jarod, I met an official of the organization where I told them about my problems. After that, the organization started helping me financially considering my problem, which gave me a lot of relief. Now I regularly attend every Prerana program organized by the IRF.

### Donations Received During this quarter:

#### Donors:

Smt. Sudhaben Trilokbhai Parikh, Ahmedabad	Rs. 5,00,000/-
Smt. Chitraben Ambalal Shah Charitable Trust, Vadodara	Rs. 1,11,000/-
Shri. Gaurangbhai Bhatt, Ahmedabad	Rs. 25,000/-
Fuel Furnaces Manufacturers, Vadodara	Rs. 15,000
Shri. Sunilbhai I. Patel, Ahmedabad	Rs. 5,000/-



#### Donors of Save a Life Program

Shri. Rashmikantbhai J. Shah, Ahmedabad	Rs. 1,20,000/-
Narayan Powertech Limited, Vadodara	Rs. 90,000/-

## Donors of Musical Programme

Shri Suresh Shantilal Mehta	₹ 15,000	Smt. Yakshna P. Dholakiya	₹ 500
Shri Dabhoi Sankheda Vaishnav Vanik Parivar - IPCL	₹ 10,000	Smt. Raksha K. Parikh	₹ 500
Dr. Dhaval Gopalbhai Parikh	₹ 10,000	Smt. Pushpa Mapara	₹ 500
Shri Dhirajlal Odhavjii Kotecha	₹ 5,001	Smt. Sangita Vaidya	₹ 500
Shri Yash Parimal Chokshi	₹ 5,001	Smt. Anjana Yogendra Trivedi	₹ 500
Dr. Chinubhai Somchand Doshi	₹ 5,000	Shri Pramod Pancholi	₹ 500
Shri Parikh Sanjivkumar Kanaiyalal	₹ 5,000	Shri Vianayak Pandya	₹ 500
Smt. Jyoti J. Raval	₹ 4,000	Shri Kiritbhai Saraiya	₹ 500
Samaj Seva Parivar	₹ 3,502	Shri Rashmikant Mehta	₹ 500
Anandalay Trust	₹ 1,301	Shri Jayesh J. Shah	₹ 500
Shri Dineshbhai Sheth	₹ 1,100	Shri Navinbhai Bhavsar	₹ 500
Shri Alkeshbhai Desai	₹ 1,001	Smt. Lataben Tewar	₹ 500
Smt. Bharti B. Randeria	₹ 1,000	Smt. Truptiben Shah	₹ 500
Shri Devraj Soni	₹ 1,000	Mahindra Balaben J Luhar	₹ 500
Shri Gopalbhai Parikh	₹ 1,000	Shri Hemang P. Trivedi	₹ 250
Smt. Chandrikaben Ashokkumar Shah	₹ 1,000	Shri Bhagvatiprasad P. Pandya	₹ 200
Smt. Anjana Desai	₹ 501	Shri Sureshbhai Sheth	₹ 200
Shri Pravinsinh Doctor	₹ 501	Dr. Rameshbhai Shah	₹ 200
Shri Parimal Mehta	₹ 501	Smt. Jyotsanaben Makand	₹ 100
Smt. Dipti Diwanji	₹ 501	Shri Narendra Pandya	₹ 100
Shri Kalpesh M. Parikh	₹ 500		

All Donations to India Renal Foundation are eligible for 50% tax exemption u/s 80 G of IT act

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*India Renal Foundation*

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