

Editorial

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Oasis

Quarterly Newsletter of India Renal Foundation

OASIS 90 October-December 2024

Dear Friends,

Greetings!

India Renal Foundation will enter its 24th year in January 2025. During this time, the organization has done a lot of significant work to create awareness in the society in the field of health. Therefore, as a guide and motivator of the organization, I feel a lot of Gratification.

In the last 23 years, the organization has formed a total of 9 chapters back to back in the entire state of Gujarat and spread the activities of the organization throughout the state. Also, India Renal Foundation has been a member of the International Federation of Kidney Foundation (IFKF) for the last 5 years and the activities done by our organization are published in widely in the quarterly newsletter published by this organization, which is taken note of by organizations working in the field of kidney all over the world. Thus, people have become aware of the activities done by the organization at the global level as well, which is a matter of great pride and joy for us.

Talking about the activities carried out by the organization during this quarter, a total of 86 kidney awareness programs and 38 blood pressure, diabetes and kidney check-up camps were organized at various places.

The effectiveness of these programs and camps is understood when the beneficiaries who participated in them come to us at the end of the program and admit how ignorant they were about kidney diseases before and that the information provided by the program is very useful and important. Also, many of the beneficiaries who participated in the camp realize that they have this disease for the first time.

November 14 is celebrated all over the world as 'World Diabetes Day'. The purpose of which is to make the people of the society aware of the bad effects of an incurable disease like diabetes on various organs of the body. As you all know, a disease like diabetes also causes serious damage to important organs of the body like kidneys. Therefore, it is an important responsibility of the organization to inform and make the people of the society aware about this. Keeping this in mind, the organization decided to celebrate Diabetes Awareness Week from 14th to 20th November. Under which various programs were organized, the details of which are given further in this issue.

Under the 'Save a Life' program which is started with the aim of supporting the treatment of kidney patients, assistance of Rs. 1,94,980/- has been provided during this time. Similarly, under the 'Prerana' program started with the aim of rehabilitation of kidney patients, various educational, entertaining and inspiring programs were organized in each chapter.

I express my heartfelt gratitude to all the responsible citizens and organizations of the society who have made their invaluable contribution to the service activities being carried out by the organization for the last 23 years.

Best Wishes,

Trilokbhai R. Parikh
Chairman

Prevention Through Awareness Programs

Glimpse of Awareness Programs



Vishwakarma Engineering College, Chandkheda, Ahmedabad



Village- Sonipur, Dist. Gandhinagar



Jayant Snacks & Beverages Pvt. Ltd., Rajkot



Red Cross Society, Bhavnagar



Apna Ghar Foundation, Surat



Government I.T.I., Vadodara

Advisory Committee Member: Himmatnager Chapter

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6. Shri. Gopalsinh N. Rathod
7. Shri. Balkrishna M. Thakkar
8. Dr. Kevalbhai M. Patel

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5. Shri Jitendrabhai Mehta
6. Shri Sureshbhai Kampani
7. Shri Girishbhai Thakker
8. Shri Dr. Rajubhai Krishnani
9. Shri Tejasbhai Pandya
10. Shri Arunkumar Sharma

BP, Diabetes and Kidney Screening Camp



Village- Sakodara, Dist. Bavla, Ahmedabad



Jeevantiarth Sanstha, Vadaj, Ahmedabad



Mahavirnagar, Himmatnagar



Village- Memadpur, Dist. Mehsana



Mega Camp at Kaliabid, Bhavnagar



Mega Camp at Karamshibapa Guru Ashram, Surat

Advisory Committee Member: Bhavnagar Chapter

1. Shri Janardanbhai Bhatt
2. Shri Sunilbhai Vadodaria
3. Shri Chetanbhai Kamdar
4. Shri Rajubhai Baxi
5. Shri Mehulbhai Patel
6. Shri Sumitbhai Thakkar

Advisory Committee Member: Rajkot Chapter

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3. Shri Hareshbhai Vora
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5. Dr. Sudhir Bhimani
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7. Shri Kishorbhai Kotak
8. Shri Mittalbhai Khetani
9. Shri Rajanibhai Patel
10. Shri Rameshbhai Thakkar
11. Shri Denis Adesara

WORLD DIABETES DAY

November 14 is the birthday of Frederick Banting, who, along with Charles Best, first discovered insulin in 1922. World Diabetes Day was initiated in 1991 by the International Diabetes Federation (IDF) and the World Health Organization (WHO) to recognize his contributions to the field, in view of the rapid increase in diabetes cases worldwide, and is led by the International Diabetes Federation (IDF). Every World Diabetes Day is an attempt to raise awareness about diabetes.

Generally, type 2 diabetes is a non-communicable disease that is largely preventable through preventive measures and treatment, and is rapidly increasing worldwide, while type 1 diabetes cannot be prevented but can be controlled with insulin injections.

As part of the celebration of this day, the organization celebrated 14th to 20th November as 'Diabetes Awareness Week' and organized free screening camps and seminars at various places.



Police line, Gandhinagar



Zundal village

- On the first day of the celebration, 14th November a diabetes screening camp was organized at Police Line, Sector-27, Gandhinagar. In which Gujarat Police Personnel participated with their families.
- On second day of the 'Diabetes Awareness Week' 15th November, the organization organized a diabetes awareness seminar as well as Diabetes, BP screening camp for Gujarat Police personnel at the Gujarat State Police Welfare Hospital, Shahibaug. In this seminar, Dr. Shalin Shah (Endocrinologist) was present and aware about diabetes and kidney to the police personnel and their families through a projector.
- Third day, on 16th November free diabetes and BP screening was conducted for citizens visiting at Shri Hanuman Temple, Zundal village.



Dr. Shalin Shah addressing Gujarat Police and their families about diabetes



- On fifth day, 18th November, IRF organized a public awareness programme on impact of diabetes disease on kidneys at Shri Madan Mohan Ramanlal Sabhagruha, Sadvichar Parivar Campus with association Sadvichar Parivar Senior Citizen Gaurav Group and Lions International Club. In this programme, kidney specialist Dr. Jigar Shrimali (Nephrologist) was present and through the projector, he gave detailed information to the audience about the damage caused to important organs like kidneys by diabetes and suggested steps to prevent this disease. On this occasion, the Chairman of the organization Shri Trilokbhai R. Parikh, Member of the Local Advisory Committee of I.R.F and Managing Trustee of Sadvichar Parivar, Hon'ble Shri P.K. Laheri and Shri Rashmikantbhai Shah were present. At the end of the program, everyone's BP -diabetes were checked.



Dr. Jigar Shrimali addressing the audience



Audience

- On 20th November day seventh we had organized a Diabetes and Kidney disease Awareness programme for the citizens of Himmatnagar city at Shri Mahakali Mandir Hall, Mahavirnagar, Dr. Anil Jangid (Urologist) was present in the programme and gave detailed information about diabetes and kidney disease to the audience through PPT. In this programme, the Chairman of the Local Advisory Committee of the organization at Himmatnagar, Shri Kunjbihari Patel (Nanubhai), members of the committee Shri Girishbhai Bhavsar and Dr. Keval Patel were present. At the end of the programme, free BP and diabetes check-up of each beneficiary was done.



Prerana is a specialized program that encourages kidney patients undergoing hemodialysis and kidney transplant to lead joyful lives.

Rajkot

India Renal Foundation and B.T. Savani Kidney Hospital, Rajkot organized a music filled evening program for Prerana members on 26th October with the help of Smile Musical Group. In this program, more than 150 Prerana members forgot their torment and enjoyed the program. This program was sponsored by Rolex Rings Limited, Rajkot.

In the program, Dr. Vivek Joshi (Managing Trustee and Chief, B.T. Savani Kidney Hospital) Dr. Vishal Bhatt (C.O.O., B.T. Savani Kidney Hospital), Shri Jayeshbhai Upadhyay (President, Bolbala Charitable Trust), Shri Ravindra D. Kumawat and Shri Ghanshyam Patel (Senior Executive, Rolex Rings Limited), Shri Riturajsinh Jadeja (Assistant Executive, Rolex Rings Limited)

On this occasion, we express our gratitude to every benevolent member of the Smile Musical Group family, guests and donors for making this program a success.



Smile Musical Group Members Entertaining Prerana members

Ahmedabad

On 4th November, Saturday; organized music and Raas-Garba programme for Prerana members at B.K. Hall, Pritamnagar Akhara, Paldi. In this program, the public-spirited members of the Music Lovers Group were invited. They entertained the Prerana members by singing various Bollywood songs and Garba. Food arrangements for the Prerana members were made by Smt. Rekhaben Chona, a member of the advisory committee of the organization in Ahmedabad and owner of HOCCO Eatery. The organization expresses its gratitude to her for that. On this occasion, Shri Jigneshbhai Patel a member of the Music Lovers Group, donated Rs. 11,000/-. We sincerely thank Shri Jigneshbhai and all the members of the Music Lovers Group. In addition, the entire music program was managed by our active volunteers Shri Rupeshbhai Shah and Shri Dhavalbhai Patel, organization is grateful to them for their cooperation.



Music lovers group Members entertaining Prerana members



Prerana members enjoying Raas-Garba

Vadodara

IRF Vadodara chapter organized Prerana Picnic on 20th October, Sunday; at Shivam Farm (Near Jarod, Halol Road, Dist. Panchmahal) with associate Aman Anand Hingurani Foundation. Garba and Musical events were held in the surrounding greenery. Prerana members sang old filmy songs and had lots of fun. Hingurani group members were very happy when seeing waves of happiness on the face of the Prerana Members.



Prerana Picnic, Vadodara



Fancy Diya made by Prerana members

On the occasion of Diwali, Ahmedabad, Vadodara, Bhavnagar and Rajkot chapter organized a fancy diya making workshop with the aim of providing financial support to the kidney patients and their families of and bringing out the art in them. In which everyone has made more than 2000 fancy diya with beautiful colors.

Mehsana

On 06th October India Renal Foundation, Mehsana Chapter organized a Fancy Diva and Garba competition for Prerana members at Rotary Bhavan Hall in which Prerana members participated with great enthusiasm. During the program, the members shared their experiences of the Hemodialysis and Kidney Transplant treatment they had to undergo.



Prerana, Mehsana

Bhavnagar

On 31st December 2024, under the Prerana program, blankets were distributed free of cost to kidney patients by India Renal Foundation Bhavnagar in collaboration with the Indian Red Cross Society, Bhavnagar.



Prerana, Bhavnagar

Surat

India Renal Foundation, Surat organized a Raas-Garba program for Prerana members on 20th October 2024 under the banner of Prerana. In which Prerana members participated with great enthusiasm and enjoyed the program. Southern Gujarat Chamber of Commerce and Industry provided a hall at free of cost for this program and Shri Ashapura Trust organized a dinner for Prerana members. For that, we express our gratitude to both the organizations.



Advisory Committee Member:
Mehsana Chapter

1. Shri. Sharadbhai P. Shah
2. Shri. Chandubhai I. Patel
3. Shri. Ajitbhai T. Patel
4. Shri. Surendrabhai B. Parikh
5. Dr. P. D. Patel
6. Shri Sandipbhai K. Sheth
7. Dr. Mukesh Choudhary

ઈન્ડિયા રીનલ ફાઉન્ડેશન (આઈ.આર.એફ.) એકબિન નફાલક્ષી અને સ્વાસ્થ્યના ક્ષેત્રમાં કામ કરતી સંસ્થા

(લોખણ) કાંમ,
ઈન્ડિયા રીનલ ફાઉન્ડેશન (આઈ.આર.એફ.) એક બિન નફાલક્ષી અને સ્વાસ્થ્યના ક્ષેત્રમાં કામ કરતી સંસ્થા છે. જે શ્રી ત્રિલોકભાઈ આર. પરીખના માર્ગદર્શન હેઠળ ૨૦ વર્ષથી કિડની અને કિડનીના રોગો અંગે લોકજાગૃતિ, દર્દીઓના પુનર્વસન, શિક્ષણ અને સંશોધન ક્ષેત્રમાં સમગ્ર ગુજરાત રાજ્યમાં કાર્યરત છે. ૧૪ નવેમ્બર નો દિવસ સમગ્ર વિશ્વમાં પ્રયાબિટીસ જાગૃતિ દિવસ તરીકે ઉજવવામાં આવે છે જેનો હેતુ પ્રયાબિટીસ જેવા સામાન્ય જાણતા રોગની શરીરના મહત્વના અંગો પર પડતી વિપરીત અસરથી સમાજના લોકોને જાગૃત કરવાનો છે જેના ભાગરૂપે ઈન્ડિયા રીનલ ફાઉન્ડેશન દ્વારા 'વિશ્વ પ્રયાબિટીસ દિવસ' ના આ હેતુને સાર્થક કરવા માટે તારીખ ૧૪ થી ૨૦ નવેમ્બર ૨૦૨૪ દરમિયાન 'પ્રયાબિટીસ જાગૃતિ સપ્તાહ' ઉજવવામાં નક્કી કરવામાં આવ્યું છે જેના ભાગરૂપે સદવિચાર પરિવાર દ્વારા સંચાલિત વરિષ્ઠ નાગરિક યોરવ શુપ અને ઈન્ડિયા રીનલ ફાઉન્ડેશનના સયુક્ત

ઉપકમે પ્રયાબિટીસ જાગૃતિ કાર્યક્રમનું આયોજન કરવામાં આવ્યું હતું. આ જેમાં કિડનીના નિષ્ણાત તર્બીબ ડો. જગર શ્રીમણી (નેફ્રોલોજિસ્ટ) ઉપસ્થિત રહ્યા હતા અને પ્રોજેક્ટરના મધ્યમથી શ્રોતાઓને પ્રયાબિટીસથી કિડનીના રોગો અંગેના થાતો નુકસાન વિશે વિસ્તૃત માહિતી આપીને આ રોગથી બચવા માટેના પગલાં સૂચવ્યા હતા. કાર્યક્રમમાં ઈન્ડિયા રીનલ ફાઉન્ડેશનના સ્થાનિક સલાહકાર સમિતિના સભ્ય અને સદવિચાર પરિવારના મેનેજિંગ ડ્રેસ્ટી માનભાઈ ની શ્રી.કે. લહેરી સાહેબ ખાસ ઉપસ્થિત રહ્યા હતા. કાર્યક્રમના અંતે દરેકનું વિના મૂલ્યે બોધો અને પ્રયાબિટીસ પત્ર તપાસવામાં આવ્યું હતું.



India Renal Foundation has been providing Hemodialysis treatment and post-kidney transplant medicines and AV fistula surgery to needy kidney disease patients under the 'Save a Life' program since 2002.

During this quarter, the organization provided hemodialyzer and blood tubing to 7 patients and 37 Hemodialysis and kidney transplant patients with medicines worth Rs. 1,94,980/-

Save a Life program beneficiary Chanda Muley



Chanda Muley

My name is Chanda Hitesh Muley. I am 51 years old. I live in a rented house in Manjalpur area of Vadodara with my two children (son and daughter). My husband goes to play musical instruments in music programs. In the year 2015, I had kidney problems due to side effects of medicines, but with the treatment of a Nephrologist doctor and medicines, I did not need to undergo dialysis. But In 2021 the problem increased & I had to start dialysis treatment at Shastriji Maharaj Hospital in Vadodara. Since my husband gets occasional work, the income remains limited and both children are studying, it was difficult to meet the expenses related to kidney disease.

I had AV fistula surgery in 2021 for dialysis treatment which failed in August 2024 due to which I had to have DLC inserted and angioplasty. In September 2024 I had AV fistula surgery again which cost me a lot. At this time, my neighbor contacted India Renal Foundation. I am grateful to the organization and the donor (Rajmata Shubhangi's Devi Raje Gaikwad) for the help they gave me considering my situation.

Donations Received During this quarter:

Donors of Save a Life Program

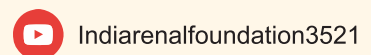
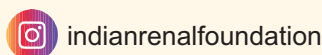
Shri Rashmikantbhai J. Shah, Ahmedabad	Rs. 1, 20,000/-
Narayan Powertech Limited, Vadodara	Rs. 90,000/-
Surat Citizens Council Trust, Surat	Rs. 50,000/-
Shri Rajnibhai Patel (Shri Meghajibhai Punjabhai memorial charitable trust, Rajkot)	Rs. 25000
Shri Parbatbhai H. Kachhadia, Surat	Rs. 21,000/-
Shri Vallabbhai D. Panchani, Surat	Rs. 21,000/-
Act of Kindness, Ahmedabad	Rs. 11,000/-
Smt. Jyotiben Bharatbhai Parikh, Ahmedabad	Rs. 5,000/-
Shri Mahendra Motilal Vasa, Ahmedabad	Rs. 2,500/-
Shri Sunil I. Patel, Ahmedabad	Rs. 2,000/-

All Donations to India Renal Foundation are eligible for 50% tax exemption u/s 80 G of IT act

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