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Oasis

Quarterly Newsletter of India Renal Foundation
Issue 88 : April-June 2024

Dear Friends,

Greetings!

We are pleased to share the activities and accomplishments of the India Renal Foundation through this newsletter.

During this quarter, the India Renal Foundation has successfully organized extensive kidney awareness programs, as well as blood pressure and diabetes camps for underprivileged and needy individuals across the state, in collaboration with various organizations. In these organisations Central Workers Education Board, The National Indian Association, Gram Shree Trust (Craftroots), Lions Club of Shahibaug, Parivartan, Lions Club of Samvedna, Intas Foundation, Development Support Center, AATMA Project, Krishi Vigyan Kendra; Kherava, Brahm Samaj Seva; Mehsana, Health Education Foundation, Family Planning Association, Rajkot, Indian Red cross society etc.

At many of these camps, a significant number of participants are learning about blood pressure and diabetes for the first time. Our organization is committed to building a healthier society by encouraging individuals to seek treatment for serious conditions like high blood pressure and diabetes. We also provide vital guidance on the adverse effects these diseases can have on critical organs, particularly the kidneys.

The "Prerana" programs, organized by the India Renal Foundation for the rehabilitation of kidney patients (both Hemodialysis and transplant recipients), continue to be held regularly across our chapters. Through this initiative, new patients are joining the "Prerana" program, where they participate in various events aimed at making their lives easier.

Additionally, the India Renal Foundation has been aiding needy kidney patients through the "Save a Life" program, ensuring timely access to medications. This quarter, a total of ₹2,21,560 was distributed to 62 kidney patients.

We would like to express our heartfelt gratitude to Shri Rashmikantbhai Shah and Narayan Powertech Pvt. Ltd., Vadodara, whose continued donations have enabled us to support these patients.

We humbly request the leaders of society to contribute towards the social initiatives run by the organization, and together, help create a healthier society

Best Wishes,

Trilokbhai R. Parikh
Chairman

Prevention Through Awareness Programs

Glimpse of Awareness Programs



Ahmedabad Technical University, Ahmedabad



Gramshree Trust, Ahmedabad



Craftroots, Lilapur Village, Gandhinagar



I.T.I, Vadnagar



Kamdhenu University, Himatnagar



Police Head Quarters, Vadodara

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8. Shri Dr. Rajubhai Krishnani
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BP, Diabetes and Kidney Screening Camp



Shree Butbhavani Temple, Ahmedabad



Vishvkarma Panchal Seva Samaj Vadi, Ahmedabad



Craftroots, Lilapur Village, Gandhinagar



Memadpur Village, Mehsana



Vasudev School, Rajkot



Samar camp, Lohana Mahajan Vadi, Bhavnagar

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7. Shri Kishorbhai Kotak
8. Shri Mittalbhai Khetani
9. Shri Rajanibhai Patel
10. Shri Rameshbhai Thakkar
11. Shri Denis Adesara

Prerana is a specialized program that encourages kidney patients undergoing hemodialysis and kidney transplant to lead joyful lives.

Vadodara

On Sunday, May 26, 2024, a yoga Program was held at Kamatibaugh, Vadodara, where 35 beneficiaries were present. Well-known Yogacharya Shri Rajeshbhai Barot provided practical guidance on yoga techniques such as Anulom, Vilom, and Bhastrika - Pranayam. He also offered personalized advice to kidney patients and motivated them to adopt a positive lifestyle. The event concluded with a delicious 'Upama' breakfast.



Shri Rajeshbhai Barot teaching yoga to Prerna members

Khambhat

On April 29, 2024, the Vadodara chapter organized another 'Prerana' program at the Cardiac Care Hospital in Khambhat, focusing on "Food Care for Kidney Patients."

Dietician Astha Mahida gave a presentation in simple language, providing valuable dietary guidance to the 27 Kidney Patients Relatives



Dr. Aastha Mahida informing kidney patients about dietary care

Bhavnagar

The India Renal Foundation Bhavnagar Chapter, in collaboration with the Red Cross Society, distributed free notebooks to the children of kidney patients under the 'Prerana' program. The event was graced by Bhavnagar MLA Smt. Sejalben Pandya, Mayor Mr. Bharatbhai Barad, and India Renal Foundation's advisory board member, Mr. Sumitbhai Thakkar.



Prerna members and their children accepting notebooks



Amrutji Dhulaji Thakor

Let's meet our 'save a life' Program beneficiaries....

My name is Amrutji Dhulaji Thakor, and I live near Ambaji in Mehsana. I was diagnosed with chronic kidney disease in 2022. In April 2024, my condition worsened, and Dr. Maulik Patel Nephrologist advised me to begin hemodialysis treatment. Since I have an Ayushman India Card, I choose to undergo dialysis at Shankuz Hospital, Mehsana, where the card is accepted.

Before starting dialysis, A.V. fistula surgery is required for kidney patients. Dr. Maulik Patel recommended I consult Dr. Piyush Patel for this surgery. However, due to my poor financial situation, I could not afford the cost. I used to support my household by working as a laborer, but this became impossible after my illness. One of my sons, who helped with expenses, could no longer manage on his own. Dr. Piyush Patel advised me to contact the India Renal Foundation. I did, and after an interview with the Foundation's officer, I was provided with full financial assistance for the surgery. Thanks to the Foundation, my A.V. fistula surgery was successfully performed, and I can now undergo regular hemodialysis treatments.

India Renal Foundation is making a humble effort to provide financial assistance to the needy kidney patients undergoing dialysis and kidney transplant under 'Save a Life' programme. This program was started by the organization in July 2002. So far the organization has assisted many needy patients for Hemodialysis, post-kidney transplant medications, AV fistula surgery.

During this quarter period, 11 patients were given Dialyzer, Tubin and 61 needy kidney patients Rs. 2,21,560 were assisted.

In last 3 months we have helped three needy kidney patients for AV.fistula surgery.

Sanjay Rameshbhai Raval

My name is Sanjay Rameshbhai Raval, I am 31 years old and from Dhinoj village (Ta. Dist. Mehsana). Three years ago, excessive use of painkillers led to the failure of both my kidneys, and I began dialysis at Civil Hospital Mehsana. Recently, I was admitted to Arpan Hospital, Patan, due to worsening health. After medical tests, the doctor found kidney and pancreas stones, which could spread a severe infection to my lungs and other organs. An immediate operation was required. I was transferred to Dr. Hitesh Panshiwala Hospital for the surgery, which was successful.

The total expenses for the treatment, including medicine, reports, the operation, and hospital charges, exceeded ₹1 lakh. Tragically, while I was in the hospital, my father passed away from a heart attack, leaving my family without financial support. To pay the hospital bill, I had to borrow money from the village Savings Society, friends, and relatives. Now, my wife works as a casual laborer to support our family, which includes our two-year-old child. My mother passed away when I was very young.



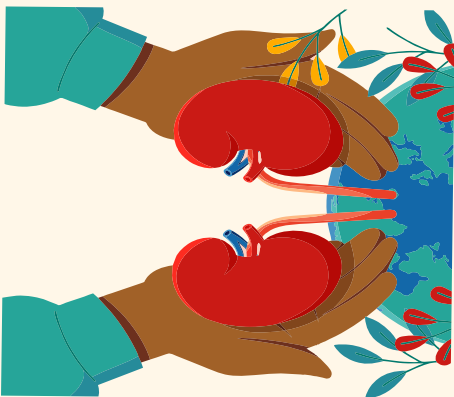
I regularly attend the 'Prerana' programs organized by the India Renal Foundation. During a recent program, I shared my financial struggles with a Foundation employee, and they assured me that they would help cover the costs of my treatment. I would like to express my sincere gratitude to the India Renal Foundation for their support.



Rajesh Uttekar

My name is Rajesh Uttekar, I am 54 years old, and my family includes my wife and two children who are both studying. I live near the Vadodara railway station and make a living as a rickshaw driver, while my wife works as a housemaid. Fifteen years ago, I developed kidney disease due to stones, and I have been on dialysis at the L&T Health Dialysis Center for the last 15 years.

I have been connected with the India Renal Foundation for the past ten years and regularly attend their "Prerana" programs. In early 2024, after the failure of my A.V. fistula, I required a second surgery, which cost around ₹25,000. I reached out to the Foundation, and they provided ₹10,000 towards the surgery, offering significant financial relief. I am deeply thankful to H.H. Rajmata Shubhangini Raje Gaikwad (Maharani Shantadevi Trust) and the India Renal Foundation for their assistance.



Feedback of the beneficiary attending Our kidney awareness programme..



Dr. Satish Deshpande
Retd. Principal

college of veterinary science and
animal husbandry
kamdhenu university himmatnagar

Namaskar, my name is Dr. Satish Deshpande, and I serve as the Principal of Kamdhenu University, established by the Gujarat government. We recently partnered with the India Renal Foundation to organize a Kidney Awareness Program for our students and faculty. The program was very informative, offering detailed insights about the kidney and its diseases in an easily understandable format through a PowerPoint presentation.

I am deeply impressed by the Foundation's campaign to raise awareness about kidney health in society. As I approach my retirement, I have expressed my desire to work as a volunteer with the India Renal Foundation. I am grateful to Shri Trilokbhai Parikh, the Foundation's chairman, for giving me the opportunity to contribute to this meaningful cause.

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3. Shri. Ajitbhai T. Patel
4. Shri. Surendrabhai B. Parikh
5. Dr. P. D. Patel
6. Shri Sandipbhai K. Sheth
7. Dr. Mukesh Choudhary



India Renal Foundation

Donations Received during this quarter :

Main Donors

Shri Trilokbhai R. Parikh, Ahmedabad

Rs. 2,50,000/-



Shri Rashmikantbhai J. Shah, Ahmedabad

Rs. 1,20,000/-

Narayan Powertech Limited, Vadodara

Rs. 90,000/-

Smt. Binduben Desai, Vadodara

Rs. 11,000/-

Donor Membership Programme

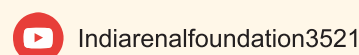
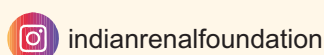
Sr. No.	Type of Membership	Donation Amount
1.	Annual Membership	Rs. 250
2.	Five Year Membership	Rs. 1,000
3.	Ten Year Membership	Rs. 2,500
4.	Life Membership	Rs. 5,000
5.	Gold Membership	Rs. 10,000
6.	Patron Membership	Rs. 25,000

All Donations to India Renal Foundation are eligible for 50% tax exemption u/s 80 G of IT act

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