



## Editorial

### Advisory Committee Members :

#### Ahmedabad Chapter

1. Smt. Pritiben Adani
2. Shri P. K. Laheri
3. Shri Hemantbhai Shah
4. Padmshri Dr. Kumarpal Desai
5. Shri Rashmikantbhai Shah
6. Shri Rameshbhai Patel
7. Shri. Jayshreeben Mehta
8. Shri Shubhangbhai Shah
9. Dr. V. N. Shah
10. Shri Nileshbhai Desai
11. Shri Bharatbhai Modi
12. Smt. Rekhaben Chona
13. Shri Jyantibhai Sanghvi
14. Shri Jagatbhai Kinkhabwala

#### Vadodara Chapter

1. Rajmata Shubhangini Raje Gaekwad
2. Shri Karan Grover
3. Shri Maheshbhai Shah
4. Shri Jal Patel
5. Shri Yogeshbhai Velani
6. Shri Madhubhai Mehta
7. Shri Kunjalbhai Patel
8. Shri Rohitbhai Parikh

#### Surat Chapter

1. Shri Sharadbhai Kapadia
2. Shri I. J. Desai
3. Shri Rajnikantbhai K. Marfatia
4. Shri Rajendrabhai Chokhawala
5. Dr. Mrs. Meenaben Mandlewala
6. Dr. Prafulbhai Shiroya
7. Shri Bharatbhai Shah
8. Shri Rohitbhai Mehta
9. Shri Kamleshbhai Yagnik
10. Shri Pradipbhai Calcuttawala
11. Ms. Jignasaben Trivedi
12. Dr. Pradipbhai Atodaria

# Oasis

Newsletter of India Renal Foundation

Issue 78 July - December 2021

### Dear Friends,

Greetings!

We are proud and delighted to share that India Renal Foundation (IRF) has turned twenty in January 2022. Thank you for your continuous support and belief in IRF.

On this occasion, I would like to express my heartfelt gratitude to the donor members, doctors and volunteers as well as those who have contributed directly & indirectly for their invaluable assistance from the society. Your cooperation and guidance has inspired us to achieve this goal and help the needy survivors.

Public Awareness Programs are the core activities of the organization, which is currently on going in the villages of Gujarat. Kidney Failure is a traumatic and fatal disease, thus it is our responsibility to educate the society on the importance of having healthy kidneys for a healthy life. We know kidney disease can be easily detected with blood pressure, blood sugar and kidney test. Timely diagnosis and treatment can prevent the progression of incurable disease such as Chronic Renal Failure (CRF). Therefore it is need of the hour to make society aware about renal problems and its serious emerging complications.

During this time, we organized 226 awareness programmes and 72 screening Camps were held across Gujarat, with people being made attentive through these Programmes in various talukas and villages of the Vadodara, Surat, Anand, Panchmahal, Mehsana, Rajkot, Bhavnagar, Gandhinagar and Ahmedabad districts.

Organ Donation Day is celebrated on August 13 in our country. In India there is lack of awareness about Cadaveric Organ Donation. As a result, 90% of patients waiting for organ donation die due to non-availability of organs. On this day, we organized various programs in our different chapters and explain the importance of organ donation by different activities and by sharing the experience of new lease of life by recipients.

In the year 2006, a programme called 'Prerana' was started by the organization with the aim of making life easier for kidney patients. Kidney patients undergoing dialysis across Gujarat are encouraged to have recreational space and time through Prerana's activities. During diwali 'Prerana' gives an opportunity to showcase their talent and bring out their artistic skills. In this year members enthusiastically participated and made 6000 fancy diyas, which was sold by IRF team and money was given to the needful prerana members to uplift them financially.

Under the 'Save a Life' Programme, we have been supporting indigent kidney patients across Gujarat, by providing them dialysis kits and medicines every month. We are assisting them for the surgery expenses of A.V. fistula. The Foundation provided Rs.4, 75, 754/- to the patients in last six months.

We are grateful to Shri Rashmikantbhai J. Shah, Advisory committee member of Ahmedabad chapter by donating Rs. 6,00,000/- to the Surat chapter for launching a medical van for conducting awareness programmes and diagnosis camps in the villages across the South Gujarat.

We appreciate Mrs. Preetiben Vyas of Vadodara who made generous donation of Rs. 2,00,000/- towards IRF.

I am elated to inform you that our philanthropic friends, Shri Jayantibhai Sanghavi and Shri Jagatbhai Kinkhabwala, have joined us on the Ahmedabad advisory committee. I would like to extend a warm welcome to them.

We are grateful to all donors and advisory committee members for their kind and invaluable support to the noble activity and its worthy cause.

Best wishes,

**Trilokbhai R. Parikh**  
Chairman

## Kidney awareness programs and diagnosis camps.

As you all know the organization's core activity, is to create awareness about kidneys and kidney diseases in the society. For the last 20 years the IRF has been educating the society about kidney disease in the Gujarat's major cities as well as in the small villages. We've all seen that, as a result of our modern lifestyles, the incidence of Chronic Kidney Disease has been rising in society, owing to diabetes, high blood pressure and lack of knowledge about kidneys.

### Kidney awareness programs



Nursing Collge, Akvada Gurukul, Bhavnagar



Farmer Training Centre, Mehsana



Dhanori Village, Ta. Ghandevi, Dist- Navsari



Sadhi Village, Ta. Padra, Dist- Vadodara

#### Advisory Committee Member: Bhavnagar Chapter

1. Shri. Janardanbhai Bhatt
2. Shri Sunilbhai Vadodaria
3. Shri Asheshbhai Trivedi
4. Shri Chetanbhai Kamdar
5. Shri Rajubhai Baxi
6. Shri Mehulbhai Patel
7. Shri Sumitbhai Thakkar

#### Advisory Committee Member: Rajkot Chapter

1. Shri Rameshbhai Patel
2. Shri Chandubhai Virani
3. Shri Hareshbhai Vora
4. Shri Shambhubhai Parsana
5. Dr. Sudhir Bhimani
6. Dr. Kamlesh Joshipura
7. Shri Kishorbhai Kotak
8. Shri Mittalbhai Khetani
9. Shri Rajanibhai Patel
10. Shri Rameshbhai Thakkar
11. Shri Denis Adesara



## BP, diabetes and kidney diagnosis camp



Katol Village, Ta. Kalol, Dist- Panchmahal



Gayatri Temple, Ta. Halol, Dist- Panchmahal



Girmatha Village, Ta. Daskroi, Dist- Ahmedabad



Senior Citizen Club, Dessa



Vadsar Village Ta. Kalol, Dist- Gandhinagar



Rancharda Village Ta. Kalol, Dist- Gandhinagar

### Advisory Committee Member: Mehsana Chapter

1. Shri. Sharadbhai P. Shah
2. Shri. Chandubhai I. Patel
3. Shri. Ajitbhai T. Patel
4. Shri. Surendrabhai B. Parikh
5. Dr. Mukesh Choudhary
6. Dr. P. D. Patel
7. Shri Sandipbhai K. Sheth

### Advisory Committee Member: Himmatnager Chapter

1. Dr. Chimanbhai Patel
2. Shri. Chandrakantbhai C. Sheth
3. Shri. Girishbhai Bhavsar
4. Shri. Mahendrasinh P. Chauhan
5. Shri Kunjbihari J. Patel
6. Shri. Gopalsinh N. Rathod
7. Shri. Balkrishna M. Thakkar
8. Dr. Kevalbhai M. Patel

## Organ Donation Day

As you all know the organization's core activity, is to create awareness about kidneys and kidney diseases in the society. For the last 20 years the IRF has been educating the society about kidney disease in the Gujarat's major cities as well as in the small villages. We've all seen that, as a result of our modern lifestyles, the incidence of Chronic Kidney Disease has been rising in society, owing to diabetes, high blood pressure and lack of knowledge about kidneys.

Accidental brain death (brain dead) person is certain to die, but at the same time, the patient's vital and useful organs are also destroyed. As long as the person is on ventilator, patient's non brain organs (kidney, liver, eye, lungs, heart and pancreas) can be transplant in the organ failure patients with the consent of the brain dead patient relative.

Six people lives can be saved by donating the organs of brain dead person.

Since 2006, the India Renal Foundation have been educating the society though a programme of 'Jeevandan.' On the 13th of August 2021, we held various programmes as part of this initiative such as:

### Ahmedabad

Dr. Umesh Godhani (Nephrologist) gave detailed information about Cadaver Organ Donation to the students of J.G. International Nursing College and also explained them in very simple language that what is duty and role will be while working in the medical field after the completion of their nursing studies. Organ donation card were field out by each student in the programme. They were also made an aware to increase Cadaver Organ Donation. The principal of the college, Dr. Sunitha Mathew, was also present at the presentation and promised to work together in the future to awaken the people of the society in this subject.



Dr. Umesh Godhani addressing to audience

### Surat

On the day of organ donation, the students of Vibrant Nursing College run by Shri Swaminarayan Education Trust's at Surat olpad were educated about organ donation. As well as they were aware about the duty and role of nursing staff in the hospital during the Cadaveric Organ Donation process. In this program we had also invited Dr. Jinesh Purohit (Nephrologist). He gave the students a better knowledge about the subject of this field through projector. A unique plays and art competition was also organised by college students with the encouragement of the college principal with the goal of raising awareness about organ donation. The winner students were awarded by Dr. Jignesh Purohit. The Shri Swaminarayan Education Trust has made a donation of Rs. 5000/- We appreciate them.



Welcoming Dr. Jinesh Purohit



## Vadodara

In this chapter, the hoardings were placed on the main roads of Vadodara city to raise awareness about organ donation on the occasion of Organ Donation Day, and they were left up for a week. In addition, on August 20, 2021, a joint venture of the India Renal Foundation and Bhailal Amin General Hospital hosted a conference. The topic was Cadaveric Organ Donation for ICU workers and doctors were discussed in this meeting. Eminent nephrologists, neurosurgeons and intensive care experts from Vadodara city also attended the occasion.

The major goal of this initiative is to better manage and organise the organ donation process, raise the proportion of Cadaveric Organ Donation, and shorten the organ donation waiting list so that patients in need can receive the organ at the correct time.



Hoardings placed at the main cross road, Vadodara



Workshop at Bhailal Amin Hospital, Vadodara

## We would like to share with you the feelings of a Cadaveric organ donation receiver on this occasion.



Rakesh Patel

My name is Rakesh Patel and I live in Himmatnagar when I was a kid, my kidney got damaged due to an accident. My kidney function restored to normal after I was initially treated with the medicines. Suddenly after two years I began vomiting and was told to have certain medical tests, which led to my diagnosis of chronic renal disease in 2003. My kidney was transplanted in 2007 and that kidney worked for seven years.

I had to restart haemodialysis treatment in 2014. In 2018 India Renal Foundation opened its dialysis centre with state of art facilities in Himmatnagar, after knowing these I took a visit of the centre and then decided to have my haemodialysis treatment there. After these for the continuously 3 years I took my haemodialysis treatment at IRF's dialysis centre. On

November 24, 2021, I received a call from sterling hospital at 8 pm for Cadaver Organ Donation and without doing any delay we arrived these promptly. The physicians got several medical tests on me on 25th of November 2021, later on they took me to the operation theatre at 8 am and after a successful operation a new kidney was transplanted in my body. I got a new kidney of 42 year old brain dead person and I am thankful to his family members, that they were aware of the organ donation. I would like to express my gratitude to that family for giving me a new life by donating the organ of their relatives.

Now I am no longer on dialysis and by god's grace, I am living a healthy life after a kidney transplantation and at the last, I urge to every person of the society to come forward for organ donation as a responsible citizen, seeing organ donation as a shared responsibility so that patients with in curable conditions like me can be received.

## World Diabetes Day



Shri Rashmikantbhai Shah and the trustees of Sarvjanik Library present in camp with me.

Large number of people from ranip neighbourhood was benefitted from these camps. The goal of this camp was to raise awareness about the necessity of controlling and treating diabetes before it damages the vital organs of the body.



Citizens of Chamundanagar Society participate in the camp

A part from that, on the 25th of December, a BP, Diabetes and Kidney screening camp was held in Navrangpura village, Ahmedabad, in the collaboration with the Gujarat Chamber of Commerce Industry CSR Task Force Team, in which Smt. Jayshreeben Mehta and Shri Jagatbhai Khinkhabwala the members of the local advisory committee of the Ahmedabad chapter and GCCI CSR Task Force team were also present.

The 14th of November is celebrated as World Diabetes Day; the aim is to make people aware about the adverse effect of diabetes on the other organ of the body. With that in mind, India Renal Foundation, Lions Club of Shahibaug, and Sadvichar Parivar collaborated to organize a Medical Checkup Camp at Ranip Sarvajanik Library on this day for the residents of Ahmedabad's Ranip neighbourhood. In this each participant had their blood pressure, diabetes, kidney, and eye checked.



Citizens participate in the camp

The IRF team conducted Diabetes and BP Diagnosis camps in slum neighbourhoods and villages, with the help of Lions Club of Shahibaug and Lions Club of Ahmdavad Samvedana, to raise awareness about the harmfulness of diabetes and Blood Pressure on the kidney and other organs of the body. In these camp patients suffering from high BP and diabetes were distributed booklets and also informative guidance was provided to them.



Navrangpura Village, Ahmedabad

### Advisory Committee Member: Gir-Somnath Chapter

1. Shri Pravinbhai K. Laheri
2. Shri Vijaybhai Chavda
3. Shri Jagmalbhai Vala
4. Shri Rameshbhai Chopadkar
5. Shri Jitendrabhai Mehta
6. Shri Sureshbhai Kampani
7. Shri Girishbhai Thakker
8. Shri Dr. Rajubhai Krishnani
9. Shri Tejasbhai Pandya
10. Shri Arunkumar Sharma



Smt. Jayshreeben Mehta and Shri Jagatbhai Kinkhabwala Members of the advisory committee as well as the GCCI CSR Task Force team present in camp



fancydiya's is included in the training program so that the kidney patient and their families can work from home.

Every year, on the occasion of Diwali, our associate prerana member's of this programme create beautiful diyas. This exercise was carried out by the organisation again this year, with enthusiastic participation by the prerana members.



Prerana Members



Prerana members participating in fancy diya making training



Mehulbhai Jayantibhai Makwana

My name is Mehul Jayantibhai Makwana, and I am a Morbi inhabitant. Dr. Praful Gajjar (Nephrologist), a kidney specialist, confirmed my kidney failure in 2014. After that, I was able to avoid dialysis treatment to his advice and medicines, but the doctor's fees and medicines was not affordable to me, so I went to Ahmedabad Civil Hospital in 2016 for an evaluation by nephrologist Dr. Himanshu Patel.

Then, in the year 2020, when my creatinine level rose, the doctor urged me to begin dialysis therapy, but before doing so, I sought surgery for A.V. Fistula. I had to have surgery at BT Savani Hospital in Rajkot, which failed a few days later, so I had to have surgery again at Madhuram Hospital in Rajkot, which also failed. We went to Civil Hospital Ahmedabad for AV Fistula surgery because I didn't have any. I went in for a fistula surgery, but the physicians told us there would be a three-month delay and that we should schedule an appointment after that. My health problems were worsening, so I needed dialysis on a regular basis. I contacted Ashwinbhai Gohel at the India Renal Foundation Rajkot office and assured him of my assistance after a patient buddy who came with us for treatment requested that we contact an organisation called India Renal Foundation. We scheduled an operation a few days later from his Ahmedabad office. We were summoned to Ahmedabad, where Dr. Dilip Trivedi was working at Ved Hospital where my third fistula operation was successful. This surgery will cost Rs. 26,000/- and Rs. 6000/- according to the report, the entire cost of my operation was Rs. 32,000/- with India Renal Foundation covering all my costs. The India Renal Foundation did indeed assist me at the appropriate moment, and I am now able to receive my dialysis treatment on time. I am heartily thankful to IRF.

## Donations received during this time:

### Main Donors

Shri Rashmikantbhai J. Shah, Ahmedabad	Rs. 6,00,000/-
Smt. Pritiben Vyas, Vadodara	Rs. 2,00,000/-
Shri Surendrbhai C. Patel, Ahmedabad	Rs. 25,000/-



Shri Rashmikantbhai J. Shah, Ahmedabad	Rs. 2,40,000/-
Narayan Powertech Pvt. Ltd., Vadodara	RS. 1,80,000/-
Shri Hemantbhai Shah, Ahmedabad	Donation of 500 dialysis and tubings
Shri Ramendrabhai Parikh, Ahmedabad	Rs. 11,000/-
Atlas Lifesciences Pvt. Ltd., Ahmedabad	Rs. 11,000/-
Shri Swaminarayan Education Trust, Surat	Rs. 5,000/-
Shri Mahendrabhai Motilal Vasa, Ahmedabad	Rs. 5,000/-
Late. Mrs. Devuuben Maru, Ahmedabad	Rs. 5,000/-
Late. Mrs. Amitabh Hemendrabhai Parikh, Ahmedabad	Rs. 5,000/-
Shri Prakashbhai R. Jalgaonkar, Ahmedabad	Rs. 2,101/-

### Donor Membership Programme

Sr.No.	Type of Membership	Donation Amount
1.	Annual Membership	Rs. 250
2.	Five year Membership	Rs. 1,000
3.	Ten year Membership	Rs. 2,500
4.	Life Membership	Rs. 5,000
5.	Gold Membership	Rs. 10,000
6.	Patron Membership	Rs. 25,000

All Donations to India Renal Foundation are eligible for 50% tax exemption u/s 80 G of IT act

This issue of “Oasis” has been published with the help of  
**Sahitya Mudranalaya Pvt. Ltd.**



**India Renal Foundation**

B-206, Shapath-4, Opposite Karnavati Club, Sarkhej- Gandhinagar Highway, Ahmedabad-380051. Tel.:+91-79-40027884,  
Baroda : 9227101762 • Surat : 9227921061 • Rajkot : 9227251585 • Mehsana : 8511114256 • Bhavnagar : 8511114257 • Bhuj : 8511148228 • Himmatnagar : 6354917667  
e-mail: [irf@indiarenalfoundation.org](mailto:irf@indiarenalfoundation.org) visit us at: [www.indiarenalfoundation.org](http://www.indiarenalfoundation.org)

All contributions to India Renal Foundation are 50% tax exempt u/s 80G